

Sick and Shut-In continued

Gladys Thompson

Kearsley Rehab & Nursing Center, #55
2100 N. 49th St. (31)

Doris Warren

39 N Hobart St.
Philadelphia, PA (39)

Viola Winston

Saunders House, Rm. 126W
100 E. Lancaster Ave., Wynnewood, PA 19096

Members Who Are Ill

Olive Chandler

5751 Windsor Ave.
Philadelphia, PA 19143

Alma Goodwyn

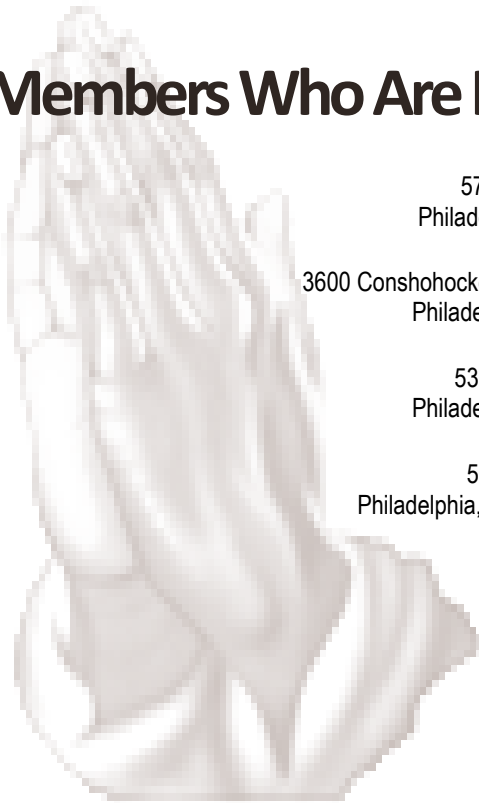
3600 Conshohocken Ave., Apt. 905
Philadelphia, PA 19131

Joyce Gordon

5334 Lebanon Ave.
Philadelphia, PA 19151

Emily Redmond

5552 Delancey St.
Philadelphia, PA 19143-7328



Remember our sick in your prayers with cards and visits.

Sunday, February 21, 2021

Mount Carmel Baptist Church

5732 Race Street

Philadelphia, PA 19139

Reverend Dr. Donald D. Moore, Pastor

Reverend Dr. Albert F. Campbell, Pastor Emeritus

First Sunday in Lent: February 21, 2021

Genesis 9:8-17; Psalm 25:1-10; 1 Peter 3:18-22; Mark 1:9-15

Lent began February 17th, on the day called Ash Wednesday. Lent comes from Latin, which means lengthening of daylight that occurs as spring appears. Historically, Lent was established by the church c.325AD at the Council of Nicea (held in modern day Turkey) and eventually became the 40-day time period to prepare candidates for baptism. It ends with the celebration the resurrection of Christ on Easter Sunday morning. **Purple** is the seasonal color.

Lent is an invitation to reflect on our mortality. This is symbolized by the placing of ashes (the burnt palms from the previous Palm Sunday) on the forehead of the believer: "*Dust thou art and to dust thou shalt return.*" *Genesis 2:7*. This year the service of placing ashes will not occur because of COVID-19 restrictions. We have clear messages of our mortality with the more than 27.4 million cases and 475 thousand deaths.

Traditionally, Christians use this time, following the example of Jesus, for self-reflection and sacrifice; for example, choosing to "give up" something, with the intent of gaining spiritual maturity and forming healthy lifestyle practices.

Here is a self-reflection exercise you might consider. Write three aspects of yourself starting with the words, **I AM**. If your responses come easily, wonderful; if they do not, take some time to be still and ask God to bring three wonderful qualities about you to mind. Write down the marvelous traits that surface. When you have them, ask yourself and God, "What do I need to sacrifice to make them better."

" Make me to know your ways, O LORD; teach me your paths." Psalm 25:4

I AM your Lenten Companion,
Rev. Julia

ANNOUNCEMENTS

Sick and Shut-In

These notifications will be published as they are received in the church office.

Bereavements

We regret to inform you of the passing of James D. Biggs which occurred on Thursday, February 4, 2021. Services will be held on Saturday, February 20, 2021 at Wood Funeral Home. Viewing 9-10am. Service 10am.



Happy Birthday Wishes To



Queen Esther Benton—87 years

Arlene Duncan Brown—81 years



Carrie Adams	Wayne Center 30 Wayne Ave., Wayne, PA 19087
Mildred Banks	Simpson House, Rm 219 2101 Belmont Ave. (31)
Mary Brown	Simpson House, Rm. 201 2101 Belmont Ave. (31)
Louise Coleman	Dresher Hill Nursing Home, Rm. 112 1390 Camphill Rd., Fort Washington, PA 19002
Thomasina King	4925 Fairmount Ave. (39)
Lewis H. Long	Manor Care Wallingford 115 S. Providence Rd., Wallingford, PA 19086
Rosetta Maddox	Philadelphia Nursing Home 2100 W. Girard Ave. (30)
Luther McNeal	Powerback Rehabilitation, Rm. 304 1526 Lombard St. (46)
Agnes Nelson	Broomall Rehab and Nursing Center 50 N. Malin Rd., Broomall PA 19008
Anita Nottingham	Simpson House, Rm. 319 2101 Belmont Ave. (31)
Morgan Pelzer	812 Arbor Road Yeadon, PA 19050
Beverly Phillips	Walnut Care Pavilion, Rm. 168 6212 Walnut St. (39)
Frances Phillips	Walnut Care Pavilion, Rm. 153 6212 Walnut St. (39)
Richard Spencer	36 E Moyer Dr. Bear, DE 19701

