



# Mt. Carmel Anchor NEWSLETTER

Reverend Dr. Donald D. Moore, Pastor  
Reverend Dr. Albert F. Campbell, Pastor Emeritus

## Thanksgiving



### OUR MISSION STATEMENT

*The Mission of the Mount Carmel Baptist Church is to teach, preach and interpret the Gospel of Jesus Christ. Through the Power of The Holy Spirit, we will strive to convert the lost and build up the body of Christ. We will further endeavor to eradicate miseducation, prejudices, and all forms of discrimination and their effects.*

*In order to accomplish this as a community of faith, we must collectively strive to holistically meet the spiritual, physical, emotional, social and economic needs of our membership and community. "Until the kingdoms of this world become the Kingdom of Our Lord," and Savior Jesus Christ . . . "And He shall reign forever and ever." Amen*

### OUR MOTTO

PROVERBS 29:18A

*Where there is no revelation,  
people cast off restraint;*

### OUR DIRECTIVE

1 CORINTHIANS 15:58

*Therefore, my dear brothers and sisters,  
stand firm. Let nothing move you.  
Always give yourselves fully to the work of  
the Lord, because you know that your labor  
in the Lord is not in vain.*

### OUR RESPONSIBILITY

1 PETER 3:15

*But in your hearts revere Christ as Lord.  
Always be prepared to give an answer to  
everyone who asks you to give the reason*

### SUNDAY WORSHIP SERVICES:

Praise & Worship: 9:45 a.m.  
Worship Service: 10:00 a.m.

### PRAYER MEETING:

Wednesdays: 6:00 p.m.

### BIBLE STUDY:

Wednesday: Noonday & 7:00 p.m.

### OFFICE HOURS:

Monday - Friday 9:00 a.m. to 5:00 p.m.  
(Closed 12:30 p.m. to 1:30 p.m. For lunch)



## Pastor's Pen

### The Challenges of Change

**T**his time of year, for some, is always met with mixed emotions. Summer is drawing to a close, the warmer weather and long days are gently fading away, giving place to cooler temperatures and shorter days; signifying a major transition is taking place. The sad reality of this inevitable transition is that for some, disappointment and even depression can creep in.

Instead of focusing on the loss of one season, why not try looking to the beauty of Fall/Autumn; the leaves turning to the beautiful colors of red, orange, yellow and the likes. In many ways, autumn is a season of letting go, and the autumn winds begin to shift in ways that makes the air easier to breathe in comparison to the summer heat.

Autumn winds also assist nature in the pruning process in vital ways necessary for new life to form in the future. It's nice to appreciate the fullness of summer's abundance, but sometimes the beauty of life is found in the stillness of fall.

So, as we enter this season of fall and change, my challenge to us, individually and collectively, is to look around and evaluate those areas in our lives which require pruning. Beloved, my prayer for us as we enter this season of change is that we recognize the value of letting go. It may help if you think of the new life which can be made possible by letting go; the leaves which fall in October become a source of life for the new leaves in the Spring.

Dr. Donald D. Moore

QUARTER VOLUME - NO. 3  
September 2016 Issue

One Church Working Together . . .



**OUR FIRST LADY**

**FIRST SATURDAY'S  
WITH THE FIRST LADY**

*Dr. Pamm Moore*

**Mount Carmel Baptist Church**  
5732 Race Street  
Philadelphia, PA 19139

**U P - C O M I N G E V E N T S**

December 3, 2016

**Making Jewelry or Book Mark**

February 3, 2017

**Couples Date Night**

April 1, 2017

**Shattering the Lies we Believe**

June 1, 2017

**Family Event**

*More detailed information to come.*

*(There is a fee for each event, however,  
a portion goes toward the  
United Negro College Fund)*

\*\*\*

**MOTHER NATURE IS AT HER BEST  
DURING THE FALL OF THE YEAR!**

The beautiful colors so vibrant and all things alive! From sunrise to sunset God paints the sky ---white puffs of clouds floating by against a crystal clear blue sky.



Leaves on trees beginning to turn in a palette of reds, yellows, oranges and russets, the sun is golden in color.

Acorns falling, pine cone all around as the leaves gently fall from the trees. Butterflies all around, birds beginning to descend southward, crispness in the air as the winds blow very softly. What an amazing time to be alive.

*The universe is calling for change, God is alive! Bless the Lord!*

**WHAT HAPPENED THEN . . .**

**VACATION BIBLE SCHOOL**

**MONDAY, JULY 18, 2016 — FRIDAY, JULY 29, 2016**

*I've Got Talent: Showcasing my work for JESUS — Vacation Bible School is a Special Ministry*

Some of us have asked the question: Why do we need Vacation Bible School? Vacation Bible School is desperately needed in our community. It is a vital, critical, indispensable, the all-important key; needed to open up the much needed dialogue between the Church and the Community. It is here at VBS that many children come to know Christ. It is here that many un-churched families who may not have a church home or may not attend church at all, send their children to learn more about our Lord and Savior Jesus Christ. Over the years many churches have used VBS as a fun-filled low-impact evangelism tool. This program is an out reach program which is meant to bring in children who don't normally attend church; to teach them the Gospel. Many adults today can attest to the fact that VBS was where they first learned about Jesus Christ, resulting in their own soul salvation. Vacation Bible School is a good way to re-affirm ones commitment to God. VBS helps churches fulfill the Great Commission. (Matthew 28:19)

Through the centuries, it has been our job to teach the next generation, the praise-worthy, God fearing, good deeds of our Lord and His mighty acts, according to His marvelous word. We don't apologize for that, nor do we ask permission to be an exceptional blessing in our community. (Psalm 78:1-7)

The theme for this year's Vacation Bible School was "I've Got Talent: Showcasing My Work for JESUS." The theme was based on Ephesians 2:10, "For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do." The VBS Motto: Teamwork Makes the Dream Work." We were most honored to host VBS for two consecutive weeks. What an awesome two weeks of arts, crafts, games, storybook reading, singing, signing, snacks, daily scripture reading, devotions, Bible lesson, spoken word, poetry, memory work, vision boards, miming, dinner, praise dancing and so much more. This year's program touched the lives of not just the children but also, many adults who attended as well.

Mount Carmel has always been one of the leading churches in West Philadelphia that is willing, ready and able to promote two weeks of mind-changing experiences. Our mission declares, that we teach, preach and interpret the Gospel of Jesus Christ. We have proven to be one church, with one mission, serving others by God's grace and His mercy.

We applaud the parents who faithfully brought their children to Vacation Bible School. What an amazing experience to see men, women, boys and girls, blending together in one melting pot of harmony and Christian love. Putting in the main ingredients of time, compassion, kindness, patience and most of all love. (Colossians 3:12) What a remarkable recipe to insure a positive outcome!

God bless our Pastor, the Rev. Dr. Donald D. Moore and First Lady, Dr. Pamela Moore. Thanks goes out to the Co-Directors Trustee Margo Mango, Tanya Chandler and Deacon Gene Bazemore. We also thank Deacon Harry E. Allen, Church School General Superintendent, Minister William P. Henry, Commission on Christian Education and to everyone who helped to make this year's VBS a great success.

I say to you, well done. (Matthew 25:21) There is power and strength in unity when the team is on one accord, serving one God in the matchless name of Jesus Christ. My Christian friends, first and foremost, only what you do for Christ will last.

*Blessings and to God be the Glory  
Prayerfully submitted by Linda Adams*

\*\*\*

**THE 2ND ANNUAL  
ONE CHURCH ONE FAMILY OUTING**

**SATURDAY, AUGUST 20, 2016**

The Mount Carmel Baptist Church had a large turnout for the "One Church One Family Outing" at the Plymouth Meeting Swim Club. The Church had the entire park area with access to the swimming pools, and a number of tables and grills. This was a bring your own food and beverage event, sponsored by the Commission on Youth Ministries. Games, fish, water ice and pretzels were provided. Much gratitude to Deacon Burrell and Trustee Craig Powell for an excellent fish fry which was manned all day. The music was good and great fun was had by all.

*submitted by: Valerie Merritt*

# JULY . . . AUGUST . . . SEPTEMBER 2016

## WOMEN' MINISTRY - HAT & GLOVES TEA

SATURDAY, JULY 23, 2016

The Women's Ministry Hat and Glove Tea presented the Seven Ups of Christian Life (1 Peter 4:10) on Saturday July 23, 2016 @ 11 a.m. in the D.W. Hoggard Fellowship Hall. It was exquisite.

Hats off to Sister Cheryl McKenny, Chairperson, and the Tea Committee Members, Sisters Arlene Duncan Brown, Dawn Burrell, Stephanie Hardy-Harrington, Sonya Thomas and all the following sisters in the program.

The program began with Chanel Randolph who gave a great introduction to the Mistress of Ceremony, Melanie Haltie, followed by a prayer from Lola Rogers-Corbett, a scripture by Mahailya Hinsey and a musical selection by Chanel Randolph.

All messages were brief yet powerful beginning with:

- Minister Janice Langley — **Wake Up!** This is the day that the Lord has made we should rejoice and be proud in it'
- Sonya Thompson — **Stand Up** 'Stand up for something or fall for anything'.
- Lisa Mansell — **Dress Up!** She spoke about the cultural differences around the world and tie differences in how we dress.

Following these message was the blessing of the food by Lola Rogers-Corbett.

### TEA OF ELEGANCE AND BON APPÉTIT

Entertaining us was a praise dance by Adara Watts, followed by a reading entitled, "In His Sanctuary" (written by Betty M. Tilley) read by Trustee Cateria R. McCabe. Finally, there was another musical selection by Chanel Randolph.

The program continued with four final messages:

- Stephanie Hardy-Harrington — **Lift Up!** "Repent! Rejoice! Think about how we treat others, have tender hearts, have compassion and be lifted up by the Lord."
- Montez Rhodes — **Listen Up!** "Be still for ourselves and others because we need to listen and learn to listen to God so we can allow His spirit to enter into our spirit."
- Deaconess Gloria Lighty — **Look Up!** "Says I can do all things through Christ. Look up to Jesus!"
- Finally, GeeGee Wilson — **Reach Up!** "When all hope is gone, when you've done all else, it's time to reach up to the Lord. Look up to Jesus." Thank you for singing too, GeeGee.

At the closing of the program, there were door prizes given out by Deacon Verdell Ganges, remarks were made by the Chair, Cheryl McKenny, and the benediction by Deacon Verdell Ganges.

The goal of the Tea program was to bring the sisters together under one church ministering to each other by breaking bread, praying, caring and passionately worshipping God.

Thank you for the support of the Tape Ministry. Brother Dewey McKenny gave us his tech support throughout the program. Thank you to all who lent a helping hand in making this event a memorable celebration.

*Submitted by KimLa Robinson*

\*\*\*

## Women's Ministry

Mount Carmel's Women's Ministry is open to all women of Mount Carmel. Mrs. Vivian Brew is the Convener. Join us on the fourth Saturday of each month at 1:00 pm.



IN PRAYER, GOD CAN QUIET OUR MINDS.

## AFRICAN HERITAGE SUNDAY

SUNDAY, AUGUST 21, 2016



This year's African Heritage Sunday was a joyous celebration of our African roots. The morning Worship Service was reflective of Africa with the congregation adorned in their African garb and the Mount Carmel Music Ministry accompanied with African drum music. The guest preacher of the day was the Rev. Dr. Bruce Nevins Alick, Pastor of the historic Mt. Zion Baptist Church of Germantown in Philadelphia, Pennsylvania. Rev. Alick preached from the book of Psalm 73: 1-2, 16-17, and 21-26. His sermon was titled "Watch Where You Walk," and he warned us that when distracted, you can lose your footing.

Following the Worship Service, the Mount Carmel congregation was invited to join the African Heritage Ministry (AHM) to an "African Style Food Program" in the Fellowship Hall. This year's program featured the country of Liberia, in West Africa, known for its settlement of freeborn Blacks and former slaves from America. The AHM gave a presentation with slides and a narrative program about Liberia, with facts about its history, its flag, and tribal way of life. Mount Carmel was treated to a meal reflective of the Liberian cuisine.

The goal of the AHM is to shed light on the social, economic, religious and political history to bring about truth and enlightenment. The ministry celebrates the African presence in the Bible, encourages self-love, and embraces the GOD of all people in the name of the Father, the Son, and the Holy Spirit.

Thanks to Trustee Cateria McCabe, President and the entire African Heritage Ministry.

*Submitted by Gwen Travis & Valerie Merritt*

\*



## HAND CHIME CHOIR MINISTRY

### SUMMER FIESTA

SATURDAY, JULY 9, 2016

On July 9, 2016, the Mount Carmel Hand Chime Choir held its Summer Fiesta. This fun-filled program was set to an Hawaiian theme with summer beverages served under a tiki bar hut. Guests wore authentic leis imported from Hawaii.

*Submitted by: Valerie Merritt*

\*\*\*

## "JUST US MINISTRY"

SUNDAY, AUGUST 28, 2016

The brunch held by the "Just Us Ministry" was a success that followed an inspiring and invigorating worship service. Our palates were treated to pancakes, sweet potato waffles, fried chicken, ham, potato muffins, fresh fruit cup, coffee and tea. All in attendance shared these treats in an atmosphere of fellowship and relaxation.

*Submitted by Gerri Ambush*

FAITH CAN LIFT YOU ABOVE YOUR FEARS.

## WHAT HAPPENED THEN . . . JULY . . . AUGUST . . . SEPTEMBER 2016

### 2nd Anniversary Service for Our Pastor The Rev. Dr. Donald D. Moore

On Sunday, September 18, 2016 at the 10:00 a.m. Worship Service, the members and friends of Mount Carmel Baptist Church had an appreciation celebration service for the awesome, anointed, appointed, man of God, Rev. Dr. Donald D. Moore. This man of God is a dynamic preacher, speaker, teacher, counselor and friend. Every Sunday, he gives us one hundred percent. He operates in the unity of his various gifts that God has placed in him according to Ephesians 4:11-12 (KJV). "And he gave some apostles; and some prophets; and some evangelist; and some, pastors and teachers; for the perfecting of the saints, for the work of the ministry, for the edifying of the Body of Christ." On behalf of all the officers, members and friends of Mount Carmel, we want you to know how much we appreciate you and our outstanding, lovely First Lady Dr. Pamela Moore. Moreover, we thank you, Pastor, for allowing the speaker of the hour, the Rev. Dr. Steven G. Blunt, from the Mahan Street First Baptist Church, Suffolk, Virginia, to share the pulpit.

Dr. Blunt brought forth a powerful word. His sermon topic was "Never Say Never in Nain." The Scripture Lesson came from the Gospel according to Luke 7:11-15. The message of the sermon was how miracles can happen; and how Jesus raised the widow's son from the dead and her son spoke.

In addition, one of the highlights of the morning was when Deaconess Monica L. Taylor asked the congregation to stretch their hands toward the Pastor while she prayed a powerful moving prayer over him. She prayed a prayer that touched and blessed our hearts. Presentations were made to the Pastor and first lady which included an autographed framed picture and a bouquet of flowers. Following the service, a reception was held in the D.W. Hoggard Hall.

Many thanks to the chairperson, Lisa Mansell, co-chair, Monica L. Taylor and to the Pastor's Anniversary Committee.

God blessed us with a spirit-filled day.

*Submitted by Linda Adams*

\*\*\*

## Revive Us Again!

SUNDAY, SEPTEMBER 18, 2016 — WEDNESDAY, SEPTEMBER 21, 2016

The 2016 Revival was extraordinary! It began Sunday afternoon with the revivalist Rev. Dr. Wayne E. Croft, Sr. who is the Senior Pastor of St. Paul's Baptist Church in West Chester, Pennsylvania. Rev. Croft preached from the book of Exodus 14:5-14 with the sermon "Stand Still." He highlighted for us how God wants us to stand still to be ready for deliverance.

Monday's revivalist was the Rev. Dr. Louis Felton, Pastor of the Mount Airy Church of God in Christ in Philadelphia, Pennsylvania. Rev. Felton's sermon of "A Prayer Strategy for the Militant Church" was taken from the book of Ephesians 6:11-18. Rev. Felton wanted us to recognize how a militant church has to take a stand for the Lord.

On Tuesday, we were blessed with the presence of Rev. Dr. Delman L. Coates, Senior Pastor of Mt. Ennon Baptist Church in Clinton, Maryland. Rev. Coates' sermon, "Don't Put That on God," was from the book of Acts 1:12-17 and 21-26. Rev. Coates advised that not every denial is based on our qualifications; and not to let rejection discourage your heart.

Finally on Wednesday, our revivalist was Rev. Dr. Cory L. Jones, Senior Pastor of the Tabernacle Baptist Church of Burlington, New Jersey. Rev. Jones ministered to us from the book of Acts 13:1-12, with his sermon "Facing Interference." He taught us that with the Holy Ghost we have the power to face interference.

Create in me a clean heart, O God; and renew a right spirit within me. (Psalm 51:10) To God be the Glory and thanks to Pastor Donald Moore for another year of revival inspiration.

*Submitted by Valerie Merritt*

### MT. CARMEL WELCOMES New Office Personnel

*Tia Vaughter*

Mount Carmel Baptist Church welcomes Ms. Tia Vaughter who started working in the Church office in July 2016 as the Office Assistant.

Ms. Vaughter always wanted to work in a church environment as opposed to a secular setting. She was influenced by an experience she had while visiting a family member at Misericordia Hospital (now known as Mercy Philadelphia Hospital). She stated that they began the day by praying over the public address system. She had never experienced that in her life. The prayer helped soothe her soul and calm her anxiety. It was "so cool".

Thus far she has been enjoying her experience working at Mount Carmel. It has been "wonderful and awesome".

Ms. Vaughter loves plants and singing gospel music - "loud and off key".

She is the proud mother of two sons and a daughter. She has three grandchildren and one great-granddaughter.

Mount Carmel is looking forward to a long and wonderful working relationship with Ms. Tia Vaughter.

\*

*Beverly Walker*

Mount Carmel also welcomes Ms. Beverly Walker who started working in the Church office in August 2016 as the Office Coordinator.

Ms. Walker comes highly recommended with nine years of experience as a church administrator.

After meeting with Pastor Moore, who exuberated a "down to earth friendly type of spirit", she knew instantly that she wanted to work for him.

So far she thinks that the Mount Carmel members have been great, helpful and friendly.

Ms. Walker loves plants, crafts and making soap. She describes herself as a "spirit filled" individual who loves to study the Word.

Ms. Walker is the proud mother of two children and the grandmother of two young adult grandsons.

Mount Carmel is looking forward to a long and satisfying working relationship with Ms. Beverly Walker.

*Submitted by,  
Deacon Verdell L. Ganges*

**IN THE KNOW \* F . Y . I .**

**136TH ANNUAL SESSION - THE NATIONAL BAPTIST CONVENTION**

SEPTEMBER 5-9, 2016 IN KANSAS CITY, MO.

From humble beginnings in 1880 with only 151 delegates, and in spite of several major shifts, the National Baptist Convention, USA, Inc. remains the largest black Baptist convention, counting millions of members from churches, district associations and state conventions across the Continental United States and around the world. The convention theme for this year was: "Envisioning the Future Exceptionally through Our Commitment to Christian Stewardship"

Of course, Mount Carmel had a presence there, as we have had for many years. Our delegates were:

- Pastor Donald Moore • Deacon Calvin Austin • Deaconess Brenda Austin*
- Trustee Karen E. Hayes • Trustee Yvonne Hayden • Deacon Joseph Reed, 2<sup>nd</sup>*
- Deaconess Roquetta Reed • Deaconess Patricia White*

Deaconess Patricia White, who is a Board Member, represents Home Missions for Pennsylvania.

The stated purpose of the organization is:

- To unite National Baptist churches, district associations, and state conventions in Christian evangelism so as to fulfill the Great Commission of our Lord and Savior Jesus Christ through preaching, teaching, and healing;
- To promote home and foreign mission efforts;
- To encourage and support Christian education;
- To publish and distribute Sunday School and other Christian literature, music, and other works of art and religious expression;
- To engage in any other endeavors deemed fitting and proper in order to advance the cause of Jesus Christ throughout the world.

Democratic Presidential Candidate, **Hillary Clinton**, addressed the Annual Session. Grammy and Stellar Award winner Yolanda Adams performed during the pre-convention musical. Many local choirs performed as well. This year, certain parts of the Annual Session were streamed live.

The five day convention had a jammed-packed schedule, which included prayer and fellowship breakfasts, President's luncheons, award banquets and meeting sessions of all types: Parent Bodies, Home and Foreign Missions, Young Adult Fellowship, Ushers, Nurses, General Assembly, Laymen, Women's Auxiliaries, Evangelism, Education, Music and Worship Arts Ministries. There were presenters and speakers who addressed a myriad of subjects including: Criminal Justice, Housing and Economic issues, Finances, Health and Faith Based Initiatives.

A rousing late night service and entertainment closed every night of the Convention. Trustee Hayes said that her favorite part of the Convention was hearing the amazing stories from the four foreign missionaries who spoke about their experiences while spreading the Word of the Gospel throughout Africa and Nicaragua. All of them shared with the audience rewarding messages of hope and redemption in faraway places.

*Submitted by Robin Rhone*

\*\*\*

*All Because* — by John L. Davis

If we never lied, would Christ have ever died  
 Would Jesus have been whipped, if we never ego tripped  
 Was it because of our scorn, He wore a crown of thorns  
 And the nail through His hand, so temptation we could stand  
 Would He have ever hung from a cross, if we were never lost  
 Did the pierce in His side, give us His Spirit as guide  
 What about when Jesus' blood fell, redemption from burning in hell  
 When the temple veil was rent, did it signify time to repent  
 But when He rose up from the tomb, He removed our imminent doom  
 And with that victory, in heaven, Our Father, we'll see.



*"And then shall they see the Son of Man coming in a cloud with power and great glory. And when these things come to pass, then look up, and lift up your heads; for your redemption draweth nigh." — Luke 21:27-28*

**SENIOR SPOTLIGHT**

**PORTRAIT OF A TRUE LEADER**



**SISTER VIVIAN BREW** is currently the Convener of The Women's Ministry at Mt. Carmel Baptist Church. She was appointed to the position of Convener in 2003 by Pastor Emeritus Albert F. Campbell. The mission, purpose, goals, and objectives of this ministry is to edify, encourage, and enhance the spirit of Black Women in the church and community. This is done through educating the mind, nourishing the body and feeding the spirit through evangelism and discipline.

She was born in Philadelphia, Pennsylvania, and was educated in the Philadelphia School District. She attended Beaver College now (known to be Arcadia University) where she received her Bachelors of Arts degree in Sociology with a minor in Women's Studies.

Sister Brew retired after 38 years of service from The Pennsylvania Department of Public Welfare as District Administrator for the County Assistance Office. She oversaw 112 employees whose sole function was to aid those in various life struggles.

Vivian Brew served on various committees such as The Church Anniversary, The Women's Prayer Breakfast, Capitol Expansion, and the Spiritual Blitz. She was a member of the Missionary Ministry until recently, and also currently serves on the 135th Church Anniversary Women's Day Ministry. She is also a member of the Book Discussion Group. Sister Brew and her family have been members of Mt Carmel since 1979. She attends Noon Day Bible study and Sunday School class (Bread of Life # 6).

Outside of her church activities, sister Brew is in her second term as current President of AARP West Park Chapter 4037 and was re-elected to this position in June of 2016. She has one daughter, two sons, one daughter-in-law, six grandchildren, most recently twin baby girls. She enjoys reading, traveling and striving to be what God wants her to be. Her favorite scripture is Philippians 4:13 "I can do all things through Christ who strengthened me" (KJV).

Although she was ready to pass the baton, the Women's Ministry have asked that she remain as the Convener to ensure a smooth transition for the next leader.

Thank you Mrs. Brew for the development of this ministry and thirteen plus years of leadership and support.

*Submitted by KimLa Robinson*

## MONEY, MONEY, HONEY



### African Americans & Finances

#### TAKING THE SAVINGS CHALLENGE: THE 52 WEEK PLAN

Are you part of the 50 percent of Americans who don't have sufficient savings? Start small and begin by saving your loose change. It really is a discipline.

Perhaps you have heard of the "52 Week Savings Plan"? It seems pretty simple yet it requires commitment. Put aside an increasing amount of money every week, starting with \$1 in the first week of the year (remember your year can begin TODAY) and ending with \$52 in the last week. By the end of the year you saved nearly \$1,400. You also can begin with \$2 or \$5 and work your way up from there. Only you know your income and budget so it is a personal decision. What works for one person does not work for another.

From a personal standpoint I know how difficult this challenge can be because "life always seems to get in the way." If it's not something in the house, it's something in the car that needs fixing. The money you set aside for the "Savings Challenge" has to be totally separate from your "emergency money" or you will fall off the wagon and never reach your year end goal.

I challenge you to join me in the 52 week plan. As a group we can encourage one another and we can reach our individual goals. If interested please let me know [RHazell55@gmail.com](mailto:RHazell55@gmail.com)

With God's help, all things are possible!

*Dr. Rhonda Hazell  
President - BBTW Savings Group  
University of PA*

\*\*\*

## VOTE, VOTE, VOTE!!!

**WE CANNOT** afford to sit back and do nothing. **IT IS CRITICAL THAT WE GET PEOPLE REGISTERED NOW!** Voter Registration Ministry will be registering every Sunday morning until October 9, 2016. We are located near the tape room on the sanctuary level after the 10:00 AM service. You may pick up a form and give to someone to complete and mail in. You can also register at City Hall, room 101, at your local post office and online until October 11, 2016.

### ELECTION DAY

**TUESDAY, NOVEMBER 8, 2016!**

*Submitted by Deaconess Gloria Lighty*

## BLACK HERITAGE MOMENTS. . .

### Little Known Black History Facts:

#### Isaiah Cooper Youngest African-American Pilot

A 16-year-old Compton, California high school student, **Isaiah Cooper**, achieved the first of two record-breaking feats last month. According to flight organizers who planned his first outing, Cooper is the youngest African-American pilot to fly across the United States.

Cooper is a member of [Tomorrow's Aeronautical Museum](#). He made the journey under the tutelage of instructor Robin Petgrave. Petgrave also mentored [Kimberly Anyadike](#), who has been reported to be the youngest Black female pilot to fly cross-country.

The teenage pilot, who joined the aviation program at the museum at the age of 5, said he once dropped out of the program and began hanging with the wrong crowd. He later realized the error of his ways, and rejoined the program at age 15. He also saw his grade average point average increase substantially in a year's time.

Piloting is dangerous, and Cooper, accompanied by Petgrave, once crash-landed his airplane in Wyoming during bad weather. Because of his training, he was able to land the plane without damage to any of the homes or structures in the area.

Cooper's next goal is to become the youngest African-American pilot to fly around the world, but he will have to wait for that achievement since he won't be able to take on the journey until he turns 18.



#### DeHart Hubbard Summer Olympics

#### First Black Gold Medalist Track & Field

Just over 90 years ago, **DeHart Hubbard** made a significant dent in history by becoming the first Black person to win individual Olympic gold at the Summer Games.

Born William DeHart Hubbard on November 25, 1903, the Cincinnati, Ohio native was a star track and field athlete and academic standout at his high school. His athletic prowess gained the attention of the University of Michigan and Hubbard entered the institution as one of its few Black students.

Hubbard became a member of the Omega Psi Phi fraternity, and began to blossom on the field and earned a spot on the U.S. Track and Field squad for the 1924 Summer Olympics in Paris.

Hubbard pulled out the gold in his final jump. He won with a jump of 24 feet, five and a half inches. The following year, Hubbard set a world long jump record and a world 100-yard dash record in Cincinnati.

Hubbard graduated with honors from Michigan and later returned to Ohio for a quiet and private life away from sports. Hubbard passed away in Cleveland in 1976.

\*

### Democratic National Convention:

During the opening ceremonies at the Democratic National Convention in Philadelphia, First Lady Michelle Obama mentioned in her rousing emotional speech that the White House was built by slaves. A growing number of skeptics attempted to discredit Mrs. Obama's remarks, but the story has been verified several times over by historians.

According to a report by the Smithsonian Institute, the donated federal land that would eventually become Washington, D.C. was nestled between the slave states of Maryland and Virginia. In fact, more than half of the country's enslaved Blacks lived in the region thus making up much of the labor force.

While slaves didn't explicitly construct the White House, they were instrumental in supplying much of the material used by Scottish masons to complete the building's construction. Along with a collective of free Blacks, white European immigrants and white laborers, the group of workers used hand shovels and a Virginia rock quarry that would be shipped to the masons.

In fact, many of Washington, D.C.'s buildings and structures were similarly built and was the subject of journalist Jesse Holland's book, "The Invisibles: The Untold Story of African-American Slaves in the White House" which was released this year. The author confirms that while records of workers on these job sites were typically called poor, it has been discovered that slave labor was an integral part of construction in the region.

*Submitted by Robin Rhone*



### Buffalo Soldiers

During July this year, in Houston, Texas, the army units known as the Buffalo Soldiers celebrated their 150<sup>th</sup> Anniversary. The Buffalo Soldiers, originally composed of former slaves and free men, were the first Black troops established during peacetime after the conclusion of the Civil War.

On July 28, 1866, the U.S. Army was reorganized for peacetime service a year after the Civil War. Six regiments were established for Black soldiers and they had various assignments. One of the functions of the 9<sup>th</sup> and 10<sup>th</sup> Calvary units were to aid in the assistance of travel westward. Along the way, the troops faced off with American Indians, who dubbed the fighters “Buffalo Soldiers” as a result of their fierce fighting style and the type of clothes they wore.

Over time, the term was applied to all Black Army units. Until the Korean War, the nickname was applied to several different units. According to historic records, the last segregated unit of Buffalo Soldiers was established in 1951.

The celebration in Houston was a parade that concluded at the Buffalo Soldiers National Museum, the only one of its kind in the United States. Along with the history of the soldiers and the many accolades and medals the troops received, there is also an exhibit that honors Cathay Williams, the only woman to serve as a Buffalo Soldier while pretending to be a man.

*Submitted by Robin Rhone*

\*\*\*

### OUR VETERANS



A prayer of thanksgiving goes out for all of our veterans. We appreciate their service and their sacrifices at home and abroad. They are to be remembered and acknowledged throughout the year. Let us not reserve our “shout outs of appreciation” for them on one day only — November 11th.

May God continue to bless and keep our veterans.

*Submitted by Gerri Ambush*

## SENIOR CORNER

### Retired, Really ?

*Submitted By Maxine H. Darden*

The definition of retire, according to the Merriam-Webster dictionary, is to leave one's job and cease work, typically upon reaching the normal age for leaving employment; to withdraw from one's position or occupation or active working life. That's what retirement means to those of us who are fortunate enough to have worked, (in some cases), at the same job for 25, 30 years or longer. Our young people are being offered jobs where they work just short of being considered full time. This saves their employers money because they won't have to offer a benefit package and may not have to contribute to their pension fund. They won't have a decent pension when they retire.

Retirement to me means DOING WHAT-EVER I WANT, WHENEVER I WANT; but to others it means, 'She'll do it, she's retired. That's code for "She has nothing else to do." My fellow retirees, when someone comes to you and starts the conversation by saying "Now that you're retired" or "Since you don't have so much on your plate now." RUN ! Pick up your canes (in some cases) AND RUN AS FAST AS YOUR RETIRED LEGS WILL CARRY YOU! Just because we're retired, doesn't mean we need someone to find something for us to do.

Retirees, think of something you wanted to do but your career prevented you from doing it. You may want to volunteer more at your church, travel, take a course, learn another language or join the YMCA (it's free with a Silver Sneaker membership, which is also free). My point is, this is YOUR TIME! TAKE FULL ADVANTAGE OF IT!

Let other people know YOU ARE RETIRED REALLY !

\*\*\*



### Characteristic of Seniors

*Are you one and do you see yourself?*

- S** – Selfless, Sensitive, Soulful and Service oriented
- E** – Empathetic, Energetic, Encouraging and Effervescent
- N** – Nourishing, Newsworthy, Nervy and Neighborly
- I** – Inspirational, Innovative, Interested and Interesting
- O** – Outgoing, Objective, Organized and Observant
- R** – Reliable, Respectful, Realistic and Responsive.

*Submitted by Gerri Ambush*

## THE FOCUS “WORD”

Theme Scripture:

### Galatians 6:9 (KJV)

*And let us not be weary in well doing: for in due season we shall reap, if we faint not.*

### DEVOTIONAL READING

#### The Old Testament

King James Version (KJV)

*Psalm 55:22*

*Isaiah 40:28-31*

*Jeremiah 32:17*

#### The New Testament

*Romans 12:12-21 (VOICE)*

*Philippians 1:6 (KJV)*

*Hebrews 13:5-6 (AMPC)*

*BONUS - Scripture*

*\* Psalm 24 (KJV)*

~ ~ ~

### DON'T QUIT

When things go wrong,  
as they sometimes will,

When the road you're trudging seems all uphill,  
When funds are low and the debts are high,  
And you want to smile but you have to sigh,  
When care is pressing you down a bit,  
Rest if you must, but don't you quit.

Life is queer with its twists and turns,  
As everyone of us sometimes learns,

And many a failure turns about,  
When you might have won if you stuck it out  
Don't give up, though the pace seems slow -  
You may succeed with another blow.

Often the goal is nearer than It seems  
to a faint and faltering man;

Often the struggler has given up  
When he might have captured the victor's cup,  
And he learned too late,  
when the night slipped down,  
how close he was to the golden crown.

Success is failure turned inside out -

The silver tint of the clouds of doubt,  
And you never can tell how close you are -  
It may be near when it seems afar,  
so stick to the fight when you're hardest hit -  
It's when things seem worst  
that you must not quit.

(Author Unknown)

*Submitted by Linda Adams*

*"I Know What Prayer Can Do"*

Prayer line is in operation.

**Dial-A-Prayer 215-474-5959**

**MORE F.Y.I . . . & THINGS TO REMEMBER**

**A People's Journey  
A NATION'S STORY  
100 YEARS IN THE MAKING**

The Smithsonian's African American History and Culture Museum opened Saturday, September 24, 2016. After 100 years of challenges, the museum opened with a collection of 37,000 artifacts and historical items that were donated by families from across the nation who gave up their own treasures, because they wanted their stories to be told. Admission is FREE. There is a "timed pass system" for the general public and for non-profit organizations. Passes are available online or by calling the "ETIX" customer support center at 1-919-653-0443 or 1-800-514-3849 and for non-profit groups 1-866-297-4020. Customer service is available from Monday thru Saturday, 9am to 8pm and Sunday 12pm to 8pm.

*Submitted by Gwen Travis*

\*\*\*

**Library Offers Free  
COMPUTER TUTORING**

The Philadelphia Free Library's Senior Center offers free one-to-one computer tutoring with instructors who are kind, patient and eager to help. Typically, tutoring sessions last for about 30 minutes. This service is available by appointment several days a week, but there is a limit of one session each week.



To schedule an appointment, call 215-686-5331 from 9 AM to 5 PM, Monday through Friday. The center is located in the Parkway Central Library, 1901 Vine Street.

*Submitted by Gerri Ambush*

\*\*\*

**LAMENTATIONS 3:23**

*New mercies every morning:  
Great is thy faithfulness*

Every sunrise is like a new page, a change to right our wrongs and receive each day in all its glory and splendor. Each day is a wonderful miracle unfolding before us. As you watch the day slowly unfold above the clouds there is a marvelous sunrise. Then as the day rolls on the sun begins to set back into the earth, you can get a whisper of God's glory. We have beheld just a glimpse of His tender mercies. We are blessed, hallelujah!

**FOR YOUR HEALTH**

**SHINGLES**

aka varicella zoster



Shingles is a painful skin rash caused by the varicella zoster virus. This is the same virus that causes chicken pox. If you have had chicken pox, you have this virus in your system. It can be dormant for many years then reactivate.

The rash occurs on one side (nerve tracking) with red blister formation. It is very painful. The sooner treatment begins usually the shorter the course of the disease. Treatment includes antiviral ointments, pain medication (ranging from Tylenol to stronger narcotics). Treatment can also include topical antibiotics applied directly to the skin to stop infection of the blisters. Cortico-steroids are used when the rash is severe.

Prevention is the key to controlling shingles. A shingles vaccine is available specifically for people 60 years or older. Most insurers will cover the cost of the vaccine. The vaccine cuts the chance of getting shingles in half. The vaccine primes your immune system to defend against the disease. Everyone 60 years or older who do not have a medical reason for skipping the vaccine should be immunized. This is a one time vaccine. Please have a discussion about these viruses with your primary health care provider.

\*

**HEALTH CAREERS FORECAST**

The Bureau of Labor Statistics/health care has projected that health care occupations will grow by 19% from 2014 through 2024. The job growth rate is much faster than all occupations. It is growing because of a rapidly aging population. The Affordable Care Act (aka Obamacare) will increase the number of people with insurance and those who will seek health care.

The median wages for health care practitioners, technical health occupations such as radiology, cardiac and vascular technicians. Dental hygienists, physician assistants and surgeons, are higher than the median annual wage for all occupations in the economy. Two occupations that show exceptions and have lower wages are home health aides and certified nurse assistants. There is a surprising variety of jobs/careers in health care. The jobs forecast, salaries, and educational requirements can be found at: [www.bls/healthoccupationsforecasts.com](http://www.bls/healthoccupationsforecasts.com)

*Submitted by Gwen Travis*

**FEEDING THE NEEDY**



Homeless Outreach Program

Every year Chosen 300 Ministries, Inc. provides over 150,000 full-course, hot meals to the hungry and homeless of Philadelphia. There are more than 105 churches and organizations that partner with them to help serve the needy.

Under the direction of Calvin Austin, II, Mt. Carmel has committed to feed the homeless every 1st Monday of the month. The Center City site is located at 1116 Spring Garden Street. This is one of Mt. Carmel's community outreach efforts.

\*\*\*

**FUNERAL PROTOCOL AT  
MT. CARMEL BAPTIST CHURCH FOR:  
MEMBERS & NON-MEMBERS**

- 1) ALL MEMBERS of Mount Carmel may have a funeral at the church.
- 2) NON-MEMBERS may have a funeral at Mount Carmel at the Pastor's discretion.

Upon the death of a member or non-member, the person in charge of handling arrangements for the deceased should contact the church office immediately 215-476-5320 or 215-476-1034. This information will be transmitted to the Officiating Minister who will determine days and time available for the funeral services.

*All Funerals must follow Mount Carmel Policies, Procedures and Order of Service*

\*\*\*

**On-Line Giving**

It's easy, safe and secure. To get started go to the Mount Carmel Baptist Church website: [mtcarmel-bc.org](http://mtcarmel-bc.org) and click the "ONLINE GIVING" link

\*\*\*

**R.U.T.H Ministries  
(Restore, Uplift, Teach, and Heal)**

R.U.T.H, Ministries is a program designed to help the single mom of all ages, from a variety of life situations; to attempt to build peaceful homes and accomplish dreams; by offering practical plans for the present and a confident walk into a hopeful future.

Meetings are held on Thursday, 6:00 p.m. in Room 9. For further info contact: Cheryl McKenny: email: [darlene3537@verizon.net](mailto:darlene3537@verizon.net).

## THIS THANKSGIVING . . . TRY A NEW RECIPE!

### P L A N T I N G   Y O U R   G A R D E N



#### What a Wonderful Garden

**Plant three rows of peas:**

Peace of mind  
Peace of heart  
Peace of soul

**Plant four rows of squash:**

Squash gossip  
Squash indifference  
Squash grumbling  
Squash selfishness

**Plant three rows of lettuce:**

Lettuce be faithful  
Lettuce be kind  
Lettuce really love one another

**No garden should be without turnips:**

Turnip for service when needed  
Turnip to help one another  
Turnip the music and dance

**W**ater freely with patience and cultivate with love. There is much fruit in your garden because you reap what you sow.

*Submitted by Gerri Ambush*

\* \* \*

### TANGERINE – GLAZED TURKEY

Your turkey will turn out golden brown every time if you follow these simple steps. This technique also results in juicy white meat. No more dry turkey!

PREP: 30 min. \* Bake: 3.25 Hours + Standing \* Makes: 18 Servings

1 Turkey (14 to 16 lbs.)  
1/2 cup butter, softened  
1/2 cup butter, cubed  
1 cup canola oil  
2 cups tangerine juice

**GRAVY**

2 to 3 cups chicken broth  
5 tbs. all purpose flour



1. Remove giblets from turkey; cover and refrigerate for gravy. Pat turkey dry; place breast side up on a rack in a roasting pan. Rub softened butter over turkey.
2. In a large saucepan, melt cubed butter; stir in oil. Saturate a four-layered 17-in. square of cheesecloth in butter mixture, drape over turkey.
3. Add tangerine juice to remaining butter mixture. Bake turkey, uncovered at 325° for 3 hours, baste with tangerine juice mixture every 30 minutes, keeping cheesecloth moist at all times.
4. Remove and discard cheesecloth. Bake turkey 45 minutes to 1<sup>1/4</sup> hours longer or until a meat thermometer reads 180 degree, basting occasionally with pan drippings. Cover loosely with foil if turkey browns too quickly.
5. Remove turkey to a serving platter, cover and let stand for 20 minutes before carving. Pour drippings and loosened brown bits into a measuring cup. Skim fat, reserving 1/2 cup. Add enough broth to remaining drippings to measure 4 cups.
6. **FOR GRAVY**, chop reserved giblets. In a large saucepan, sauté giblets in reserved fat until browned. Stir in flour until blended; gradually stir in broth mixture bringing to a boil; cook and stir for 2 minutes or until thickened. Serve with turkey.

*Submitted by Mavis Robinson*

### Sweet Pea's

#### Deep Dish Sweet Potato Pie.

5 medium sweet potatoes  
4 large room temperature eggs  
3/4 tsp. salt  
2 tsp. ground nutmeg  
2 tsp. cinnamon  
12 oz evaporated milk  
1 tbs. lemon extract  
2 tbs. vanilla extract  
1 1/2 cups of granulated sugar  
1 cup of packed brown sugar  
1 stick of butter  
2 graham cracker pie crusts (Keebler two extra servings work well)

**Instructions:**

- Cook potatoes (skin on) until tender, (about 25-30 min.)
- Peel skin when cool enough to handle but still warm
- Add butter, mix with hand mixer, remove any strings
- Mix flour, salt, nutmeg & cinnamon in separate bowl, then add to potatoes
- Add combined sugars about 1/4 at a time, stirring after each addition
- Add milk and stir
- Add lemon & vanilla extracts and mix
- Add eggs 1 at a time, mix after each egg
- Pour into pie shells
- Place into 350° preheated oven for 65-70 minutes. Remove from oven, let cool at least 45 minutes — ENJOY.

*Submitted by John Davis*



#### BLACK WALNUT POUND CAKE

1/2 cup butter  
1/2 cups light brown sugar  
3 eggs yolks, beaten  
2 cups flour  
3 teaspoons baking powder  
1/2 teaspoon salt  
2/3 cup milk  
1 teaspoon vanilla extract  
1 cup black walnuts, chopped fine or ground  
3 egg whites, beaten  
Cream butter; add sugar and beat until smooth. Add beaten egg yolks and mix well. Combine dry ingredients and add to creamed mixture alternately with milk. Add vanilla and walnuts and mix well. Fold in stiffly beaten egg whites.

Bake in greased tube pan at 350 degrees F. for 45 minutes.

*Submitted by Mavis Robinson*



**JULY**

Dawn D. Campbell  
Theresa Ann Johnson  
Ernestine H. Thomas  
Ann Dru Brown  
Milton E. Jones

**AUGUST**

Erico Hampton  
Walter Sipes  
Mildred Tucker  
Ella Tucker

**SEPTEMBER**

Erika Burton  
Jasmine Burton  
William Covington Sr.

Shadayyah Hill  
Allan Sipes  
Teresa Sipes

\*\*\*

**Noah's Ark**



Animals	flood	Noah
Ararat	Genesis	Rain
Ark	gopher	rainbow
Covenant	Ham	raven
Dove	Japheth	Sham

\*\*\*

**JUST FOR LAUGHS!!!**

**KIDS IN CHURCH**

3 year old Reese:  
Our Father, who does art in heaven,  
Harold is his name  
Amen!  
~~~

*A little boy was overwhelmed praying:*  
“Lord, if you can’t make me a better boy,  
don’t worry about it. I’m having a real good  
time like I am.”

\*\*\*

After the Christening of his baby brother  
in church, Jason sobbed all the way  
home in the back seat of the car. His father  
asked him three times what’s wrong. Finally  
the boy replied, “That preacher said he  
wanted us brought up in a Good Christian  
home. I want to stay with you guys!”

**EVENTS AT A GLANCE**



**October 2016**

*Church Anniversary Month*

- Wed. 5<sup>th</sup> Bible Study Resumes  
12:00pm & 7:00 pm  
Prayer Meeting - 6:00 pm
- Fri. 7<sup>th</sup> ~  
Sun. 9<sup>th</sup> Jr. Missionaries  
**PA Baptist State Convention**  
Pittsburgh, PA
- Sat. 8<sup>th</sup> Mount Carmel Players  
**“COMING HOME”**  
2:00pm & 5:00pm
- Mon. 10<sup>th</sup> Columbus Day - Holiday  
Office Closed  
**PA Baptist State Conference**  
Uniontown, PA
- Thurs. 13<sup>th</sup> Joint Board Meting  
7:00pm
- Fri. 14<sup>th</sup> Women’s Ushers  
**Line Dancing**  
7:00pm - 9:00pm
- Sat. 15<sup>th</sup> African Heritage Ministry  
**Conference**  
10:00am - 12:00noon  
Hand Chime Choir Ministry  
**Concert - 3:00pm**
- Sun. 16<sup>th</sup> Worship Service  
**Baptizing & Baby Dedication**  
10:00am
- Mon. 17<sup>th</sup> Presidents’ Council Meeting  
7:00pm
- Wed 19<sup>th</sup> Church Meeting  
7:00pm
- Fri. 21<sup>th</sup> Music Ministry  
**Fall Music Workshop**  
6:00pm - 9:00pm
- Sat. 22<sup>th</sup> Music Ministry  
**Fall Music Workshop**  
8:00pm - 3:00pm
- Sun. 23<sup>rd</sup> 134th Church Anniversary  
10:00am
- Sat. 29<sup>th</sup> Jr. Missionaries  
**Veteran’s Appreciation Luncheon**  
12:00noon - 2:00pm
- Sun. 30<sup>st</sup> Mission Emphasis Sunday  
10:00am

**November 2016**

- Fri. 4<sup>th</sup> Women’s Ushers  
**Line Dancing**  
7:00pm - 9:00pm
- Sat. 5<sup>th</sup> D.W. Hoggard Scholarship Guild  
**African Market**  
1:00am - 3:00pm
- Sun. 6<sup>th</sup> Daylight Saving Time Ends
- Tues. 8<sup>th</sup> ELECTION DAY
- Thurs. 10<sup>th</sup> Senior Forum for Medicare  
10:00am - 2:00pm
- Fri. 11<sup>st</sup> Veterans’ Day - Holiday  
Office closed
- Sat. 12th Mentoring Ministry  
**Pre-Thanksgiving Dinner**  
2:00pm
- Sun. 13<sup>rd</sup> Deacon & Deaconess Annual Sunday  
10:00am
- Mon. 14<sup>th</sup> Trustee Board City Wide Meeting  
**12:00 noon**
- Tues. 15<sup>th</sup> Youth Commission / Youth Council  
Fri. 18<sup>th</sup> Youth Week  
7:00pm - 9:00pm
- Sat. 19<sup>th</sup> Women Ushers  
**Jazz Luncheon**  
1:00pm - 4:00pm
- Sun. 20<sup>th</sup> Annual Youth Sunday  
Baby Dedication  
10:00am  
Missionary Society  
**Christmas Gift Project / Shelter Children**
- Mon. 21<sup>st</sup> Men of Mount Carmel & Deacon  
\*Tues. 22<sup>nd</sup> Thanksgiving Day Preparation  
10:00am (\*9:00am - 12:00pm)
- Thur. 24th Thanksgiving Day - Holiday  
Men of Mount Carmel  
**Thanksgiving Men & Boys Prayer Breakfast**  
Pinn Memorial Baptist Church

*Submit your event info to the . . .*

**NEWSLETTER STAFF**

*Donna Miller, Coordinator*

|                          |                 |
|--------------------------|-----------------|
| Linda Adams              | Valerie Merritt |
| Gerri Ambush             | Robin Rhone     |
| John Davis               | Kimla Robinson  |
| Deacon Verdell L. Ganges | Mavis Robinson  |
| Dr. Rhonda Hazell        | Gwen Travis     |
| Deaconess Gloria Lighty  |                 |

*(Minister William Henry - honorary member)*

Office: 215-476-5320 or 215-476-1034

Fax: 215-476-9798

Dial-A-Prayer: 215-474-5959

E-mail: office@mtcarmel-bc.org

Website: mtcarmel-bc.org



*Happy Thanksgiving!  
To You And Your Family*