



Mt. Carmel Anchor NEWSLETTER

Reverend Dr. Donald D. Moore, Pastor
Reverend Dr. Albert F. Campbell, Pastor Emeritus

OUR MISSION STATEMENT

The Mission of the Mount Carmel Baptist Church is to teach, preach and interpret the Gospel of Jesus Christ. Through the Power of The Holy Spirit, we will strive to convert the lost and build up the body of Christ. We will further endeavor to eradicate miseducation, prejudices, and all forms of discrimination and their effects.

In order to accomplish this as a community of faith, we must collectively strive to holistically meet the spiritual, physical, emotional, social and economic needs of our membership and community. "Until the kingdoms of this world become the Kingdom of Our Lord," and Savior Jesus Christ . . . "And He shall reign forever and ever." Amen

OUR MOTTO

PROVERBS 29:18A

*Where there is no revelation,
people cast off restraint;*

OUR DIRECTIVE

1 CORINTHIANS 15:58

*Therefore, my dear brothers and sisters,
stand firm. Let nothing move you.*

*Always give yourselves fully to the work of
the Lord, because you know that your labor
in the Lord is not in vain.*

OUR RESPONSIBILITY

1 PETER 3:15

*But in your hearts revere Christ as Lord.
Always be prepared to give an answer to
everyone who asks you to give the reason
for the hope that you have. But do this with
gentleness and respect,*

SUNDAY WORSHIP SERVICES:

Praise & Worship: 9:45 a.m.
Worship Service: 10:00 a.m.

PRAYER MEETING:

Wednesdays: 6:00 p.m.

BIBLE STUDY:

Wednesday: Noonday & 7:00 p.m.

OFFICE HOURS:

Monday - Friday 9:00 a.m. to 5:00 p.m.
(Closed 12:30 p.m. to 1:30 p.m. For lunch)



Pastor's Pen

Spring Cleaning

There are many blessings that each new spring brings us. Despite the harshness of winters freeze, spring reminds us that no winter last forever. So as we bid adieu to winter and usher in spring, it's an excellent time to purge, clean, and organize.

For some spring cleaning is a daunting task. Because sifting through the clutter is time consuming and requires us to be intentional about deciding what goes and what stays. In fact, all across America many individuals are getting mentally prepared to take on the proverbial task of spring cleaning their home.

As Christians we can benefit from an annual spring cleaning. It would be beneficial to use this time as an opportunity to evaluate what goes and what stays in our life. Removing the clutter in our spiritual, physical, financial, and emotional rooms, enables us to reorganize and regroup. Similar to spring cleaning of our home, when we get rid of the clutter; we will discover that we enjoy our home more simply because we are clutter free.

The irony to spring cleaning is this, often times we already know what needs to go. So beloved, as you begin your spring cleaning, seek God's voice to assist in your spring cleaning.

Pastor Moore

QUARTER VOLUME ONE - NO. 1
March 2016 Issue

One Church Working *together* . . .

OUR FIRST LADY

! SPRING . . .

A TIME TO RENEW

Spring has always been my favorite time of year. For me there is no better time than spring to *re-group and re-prioritize, and even re-invent ourselves*, and the lives we find ourselves living.

During this season, I challenge you to begin to think about what you can do to renew yourself and to better balance your life. Here are the first two of my spring "steps" to help you get started.

1) Clear out mental and emotional clutter.

- When I think of renewal I often think of rebirth; something old dies and something new is born. Why not use this season of renewal as a reminder to get rid of things that are weighing you down and draining your energy?
- Let go of the past to make room for the present.
- Commit to making decisions you've been putting off.
- Change the way you think about yourself! You are fearfully and wonderfully made!
- Think positively. Recent research shows that we can actually change the circuitry of our brains. When something negative comes up pair it with something positive and stay with that feeling.

2) Simplify your life.

- Slow down. Life moves so quickly, surrounding us with non-stop stimulation. We need to find a way to quiet our minds and make quality time for ourselves. I love to spend the first few minutes of everyday in quiet prayer and reflection.
- Streamline your life however you can in order to maximize the overall quality of your life. Reorganize your highest priorities and re-evaluate your commitments. Ask yourself the following questions: What do you value most in your life? How much quality time do you spend with the people and the things you care about the most? What is the best way to use your time to create the life you want to have?

Hopefully, these first two steps will get you started with your spring renewal.

For more steps and to check out the full article, please follow my blog at MCBCDrPamm.com or follow me on Facebook @MCBCDrPamm.

Dr. Pamela Moore



WHAT HAPPENED THEN . . . JANU -

2016 BEGINNING OF YEAR CHURCH WIDE ORIENTATION

The pre-registrations began coming in and kept on coming, and by Wednesday, January 13, 2016, ninety-eight (98) persons had registered to attend.

On that evening, 1/13/16, they started arriving around 5:40p.m. Deaconess Brenda Austin and her staff fed roughly 65 persons light fare, and then, the others arrived.

Beginning of Year 2016 was vision casting for our pastor, Rev. Dr. Donald Moore, and using the concentric circles (used by our Mid-Year presenter, Dr. Marvin McMickle), *he began to give to us his vision of ministry for Mt. Carmel Baptist Church.* We then broke out into four (4) groups to have conversation about what we heard and discussed how we, as individuals, ministries and church can carry out this vision.

We returned on Thursday and Pastor Moore again challenged us with what is our concept of ministry. We again broke into groups to prepare to present our discussions and findings to the entire group. This proved interesting because, not only did we hear new ideas, but discovered much of the same conversations had gone on in other groups.

A total of 188 persons participated in the Wednesday and Thursday evenings. Those sessions culminated in sharing the Holy Communion.

Saturday, January 16, 2016 was designed for those persons who could not attend Wednesday and Thursday. Again, Brenda Austin and her committee prepared, not a continental breakfast, but a full breakfast.

Pastor Moore, shared his vision with this group, and instead of breaking into four groups, we discussed the questions from each of the four ministries. Once again, lively discussion ensued and new ideas were espoused.

There were approximately sixty (60) persons in attendance at this session. Saturday concluded with a take-out-lunch.

You will be hearing more about the ministry/outreach aspect of our church and how it will operate, in the coming days — *two are already planned: 1) reading with the students at the Barry School, and 2) making mats (out of plastic bags) for the homeless.*

Get On Board!!!

*Submitted by
Minister William Henry*

CONGRATULATIONS to our very **C**own Pastor Moore **who is now REVEREND DR. DONALD D. MOORE.** Dr. Moore's published research is anchored in the church library

YOUNG ADULT EMPHASIS SUNDAY

SUNDAY, FEBRUARY 14

The Young Adult Emphasis Sunday, was a very spiritual and uplifting service. The guest preacher was Rev. Bethany I. McCabe of St. Paul Baptist Church of West Chester. The young adults led the worship service and the Church Chorus sang, "Ride on King Jesus" and "What A Time". A dynamic Prayer was given by Deacon Eric Basemore, as follows . . .

"We pray for the people of Flint, MI whose governing system have been exposed to extreme levels of lead poisoning for which there is no cure. Despite the humanitarian efforts of sending water to Flint, the pipes need to be replaced immediately. We pray that you facilitate the effort and begin to address the long term issues resulting from lead exposure.

We pray for our school system, not just for funds, but for the psychological impact of curriculums that teaches our children to laud an enslaver like Thomas Jefferson while keeping their minds far away from a liberator like Marcus Garvey. It was Garvey that advised "you cannot liberate the bodies of men until you liberate the minds of men." Shackled minds. Shackled bodies. This in essence explains the school to prison pipeline that disproportionately impacts our people with an age demographic representative of the young adults in this church today.

We pray for your involvement in a judicial system that has levied more injury to our people than it has justice. From judges selling black youth to private prisons to police officers killing unarmed black people throughout the nation. So many do not understand our pain when we shout black lives matter. They attempt to correct us by saying all lives matter. But as our sister Sandra Bland demanded, "show me a time in history where all lives mattered. Show me time when liberty and just justice stood for all people." This is a pressing issue that needs your immediate intervention, lord God. We're not asking for help in coping with the lack of justice, we're asking that you put an end to the injustice.

We lay these systems in your hands for your intervention. Because a system that was not built for us will never protect us.

We ask for your guidance in establishing a system of our own so we are no longer sitting around begging anyone to do for us what you divinely give us the power to do for ourselves."

Thank you Deacon Basemore for that powerful prayer and thank all of you in the Young Adult Ministry. Chanel Randolph, President.

ARY . . . FEBRUARY . . . MARCH

AFRICAN HERITAGE SUNDAY,

Mount Carmel celebrated Black History on February 28th. Rev. Dennis L. Blackwell from Asbury United Methodist Church was our guest speaker. A Black History program, "Black People in the Bible" was performed that morning during the Sunday School General Assembly. Thank you Mount Carmel's Church School seniors and young adults under the direction of Garidetta Wilson.

 **BRINGING HOME THE TROPHIES**

West Philadelphia Baptist Congress of Christian Education on March 12, 2016, 1:00 p.m. at Pinn Memorial Baptist Church, 54th & Wynnewood Ave., Phila., PA held its 46th annual poster contest and the 5th annual poetry and digital poster contests. There are now two types of poster entries, one is traditional and the other is digital. Participants are given various biblical verses to choose from and to create something artistic to represent the scripture. The art was awesome. There were three divisions and the contestants from Mount Carmel were: Division 1 (MS Paint) Wisdom Gossett age 10; division 2 (Tux Paint) Shayla Harrington age 13; and division 3 (Inkscape) Eric Brown age 16 and Xenia Owens age 15. These participants worked under the leadership of Barbara Breese.

Poster Contest Winners:

- Shayla Harrington 2nd place;
- Xenia Owens 3rd place

The 57th Annual Speakers Contest was held one week later on March 19th at the same time and location. The participants entered one of three categories:

1. Scripture memorization of one of these three bible verses: Genesis 1:26-31 for 9 year olds, Ephesians 5:1-11 for 10 year olds, and Romans 6:1-13 for 11 years olds (KJV). or Discussion of a topic: "As a Christian, what changed me from old to new?"
2. The poetry contest.
3. The Radio Speaking Contest.

The participants from Mount Carmel were: Div. 1 - Sydney Johnson age 9; Div. 2 - Cheree Scott, age 15. We had no entries in the poetry contest, but the radio was "bumpin" with Zion Chandler age 7, Wisdom Gossett age 10, Mahailya Hinsey age 14, and Elmore Johnson, Jr. **Congratulations to all of our contestants. Mt. Carmel came in 2nd Place in both categories.**

These children worked hard under the leadership of Deacon Harry Allen, Superintendent.

Submitted by Kimla Robinson

BATTLE OF THE CHURCHES BOWLING TOURNAMENT

The Battle of the Churches Bowling Tournament took place on Saturday March 12, 2016 @ 1:00 p.m., 1300 E. Erie Ave. Mt. Carmel, was the 2nd place winner with a financial gift of 300.00. This monetary gift will be used towards the Footsteps of Faith.

BABY BLESSING DEDICATION



Mount Carmel dedicates babies the third Sunday of each quarter. This Palm Sunday, March 20th, four babies were dedicated to the Lord by Pastor Moore. Namely — Baby Juel Thompson, Baby Zariah Chelsea Burnette, Baby Samoiya Donna and Baby Isiah Franklin Kersey. . Three girls and one boy (none cried). Each parent received a blanket to wrap their baby with God's love. The beautiful blankets were prepared by the Knit Witness Ministry.

BAPTISM

AN ORDINANCE OF OUR LORD

On Palm Sunday, March 20th, Pastor Moore with assistance of Deacon Little baptized 6 members, four women and two males. Welcome to the sheepfold, as you begin your journey with the Lord Jesus Christ.

HAPPY BIRTHDAYS



JANUARY 2016

- Deaconess Emeritus Winonah Green - 110 yrs.
- Deaconess Estella Stackhouse - 95 yrs.
- Trustee Clarence Hatcher - 85 yrs. old

FEBRUARY 2016

- Mrs. Lucille Baker - 91 yrs.
- Deaconess Minni High- 103 yrs.

MARCH 2016

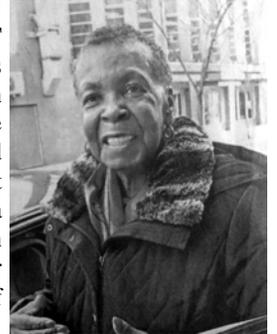
- Mrs. Mary Armstrong - 102 yrs.
- Fred Lane - 90 yrs.
- Mrs. Claudia Scott - 84 yrs.

*F*ather, I am here waiting for You. My heart and hands are open to Your purposes and plans for my life. Give me the patience I so desperately need and lead me in my waiting. Though my feelings may not be there just yet, I believe You are moving on my behalf right this minute, protecting, defending, preparing, providing. Give me grace to keep trusting in You in the face of the gale force winds of doubt that are blowing all around me. Anchor my heart in You. Amen.

HEALTH NEWS

GIVING BLOOD – An Important, Critical and Loving Act

Lifeblood is a word that Mount Carmel's **L**own **JOAN LAMBRIGHT** embraces endearingly when she talks about the numerous blood transfusions that have kept at bay a hereditary condition that has haunted her through-out most of her 76 years.



Joan has sickle cell anemia, a disorder where abnormally shaped red blood cells hinder the efficient flow of other hemoglobin peers through the body. It's an affliction that affects 80,000 people in the United States, about 98 percent of whom are African Americans, according to the American Red Cross.

Lambricht and millions like her who depend on getting life-sustaining transfusions through blood collected by organizations such as the American Red Cross, could face a crisis as the need for donations is at critical levels, said Beth K. Toll, a communications manager for the Pennsylvania-New Jersey region of the Red Cross. And that's especially so for African Americans, who are among the most reluctant but essential blood donors.

"Lambricht, who has a daughter and grandson, agreed with the need for *more Blacks to help shore up supplies: "It's important for everyone to donate [blood], but specifically for African Americans."* Why is it important to get donations from people of the same ethnic background as the recipients? It's because they are less likely to develop complications from the transfusion.

The donation need goes beyond treating patients like Lambricht, as blood must be provided for heart surgeries, organ transplants as well as for accident, burn and cancer victims, according to Toll.

Each day, the Red Cross needs at least 800 pints for its Pennsylvania-New Jersey region, while 14,000 pints of blood and platelets are needed nationwide.



WHEN WAS THE LAST TIME YOU GAVE BLOOD?

Submitted by, Robin Rhone

WHAT'S HAPPENING NOW & . . .

2016 BEGINNING OF THE YEAR ORIENTATION OUTREACH PROJECTS

In an effort to have the *Beginning of the Year Conference* viable, all ministries must submit their plan for a re-occurring (monthly) outreach project. **This was to be submitted by March 12.** The idea is to have activities completed and evaluated by the Mid-Year Conference so that the first conference initiatives can be reviewed and evaluated. *We were reminded that ministries can partner with each other to work on projects together.*

Calvin Austin II has been named to help coordinate ministry outreach projects and events and keep all activities on point to insure the success of the efforts.

He distributed a multi-page packet which includes guidelines to be used by ministries in planning future projects. All projects must be submitted using a form and must be approved by Pastor. Evaluation forms are to be submitted after each event or project to determine if the activity met the intended goals, suggestions for improvement as well as determining if it would be worth repeating the activity, etc

THE "MOUNT CARMEL COMMUNICATION BOARD"

As reported by Vinson Houston at a recent church service, he has established and placed the "Mount Carmel Communication Board" across from the ladies dressing room on the lower level. This board has two categories – that is the **"I NEED" side and the "I HAVE" side.**

Vinson hopes that Mount Carmelites will use this board to post any variety of things needed as well as those things that can be provided. For instance, he hopes that young people will post any help they may need to consult with an experienced adult. Or, someone may want to post something they have or can provide that another person may need. If you have any questions, please feel free to contact Vinson at (215) 460-9039.

FOOTSTEPS OF FAITH

January through June, Give 10% above regular giving. This is a push to payoff air condition loan and mortgage! Then Mt. Carmel will have more for outreach funding for our community.

(place sacrificial gift on Capital Expansion Line of Gift-giving envelopes)

NEW WHEELS@MT. CARMEL

We will be purchasing new transportation vans. Van service can be requested for ministry activities at a nominal cost paid to the driver. Arrangements can be made through the Church office, Pam Lovell, Jeff Whittington or any van driver. Costs are \$25.00 for city limits, \$50.00 for outside of the state or over 50 miles.

OUT WITH THE OLD . . . ROOM FOR THE NEW



Clean Up Day - Saturday, April 9th

Mt. Carmel is a giving church — Collecting for projects, is great!! — Now is the time to clean up and distribute items where they are to go. There will also be an industrial shredder available, 10:00 a.m. - 1:00 p.m. sooooo, bring those documents that need to be disposed of. *Rain date Saturday, April 16th.*

MALE CHORUS PRESENTS



An Afternoon of Singing & Praise Sunday April 10 at 4:00 p.m.

Featuring:

- Mount Carmel Baptist Church Male Chorus
- SIRenity
- New Central Baptist Church Male Chorus
- Thankful Baptist Church Male Chorus
- NOBLE SOUL, Soloist
- The Thompson Mimes

*Brother Jesse Tripp, President
Sister Shea Hughes, Director*

Brother Charles Johnson, Minister of Music

Free Will Offering

THE HOSPITALITY MINISTRY 43RD ANNUAL LUNCHEON & FASHION SHOW

FEATURING

"STRUTTING INTO SPRING IN GRAND STYLE"

Saturday, April, 16, 2016

12:00 noon until 4:00 p.m. at Hilton Hotel, 4200 City Avenue, Philadelphia, PA. Donation \$50.00. To purchase tickets, see any member of the ministry. Marlene B. Crowder, President.

WOMEN'S RETREAT

The 2016 Women's Ministry Retreat is closed for registration. **Final Payment is due April 24th.** Look for a recap in June's edition. Good job Vivian Brew and the retreat committee.

YOUTH ALL NIGHT OUT AT FUNPLEX

On Friday, April 22, 2016, the youth fellowship will have a night of fun and games. The agenda is as follows: 7:00 p.m. - Movies at Mt. Carmel; 10:00 - leave for FUNPLEX; 6:00 a.m. - Return to Mt. Carmel. The cost is only \$65.00/person which includes everything — transportation, food, games & more. Deaconess Pam Coles & Youth Commission

LAITY DAY 2016

46TH ANNIVERSARY CELEBRATION SUNDAY, APRIL 24TH

The Laity Day Committee co-chairs, are Deacon Chris Burrell and Deaconess Roquetta Reed.

- Worship guest preacher, Bishop Maureen Davis, Pastor of Open Door Mission - True Light Church.
- 3:30p.m. Culture Arts Concert featuring the Hampton University Concert Choir, Hampton, VA, with CeCelia Ann Birt, Actress and Singer.
- **Concert tickets** (\$20.00) available in the Tape room after morning service.
- **Journal** advertisement information contact Deaconess Roquetta Reed — Ad deadline submission is April 3rd.

'JUST US'

SENIOR MINISTRY

The 'Just Us' Ministry asks you to *Save The Date of Friday, April 29, 2016* at 12:00 Noon to join us for lunch and the movie — **"War Room"** in the D.W. Hoggard Fellowship Hall. Donation is \$15.00. See you there.

2ND ANNUAL

HIGH HAT TEA & TIES

"IN SPITE OF . . . STILL I RISE

Saturday, April 30th

9:00 a.m. to 12:00 p.m. at Mt. Carmel This funding event is to provide assistance to parents of special needs children with respite services.

For Tickets & More Info contact:

Lisa Boston: 215-327-4580 or 215-476-5320

RETIREMENT CELEBRATION

A big retirement celebration is planned for *Mrs. Doris Simms* on June 4 at the Church at 1-4pm

I N T H E K N O W * F . Y . I .

**R.U.T.H Ministries
(Restore, Uplift, Teach, and Heal)**

Ruth Ministries is a program designed to help the single mom of all ages, from a variety of life situations, to attempt to build peaceful homes and accomplish dreams; by offering practical plans for the present and a confident walk into a hopeful future.

Meetings are held on Thursday, 6:00 p.m. in Room 9. For further info contact: Cheryl McKenny: email: darlene3537@verizon.net.

Thank you Mrs. Cheryl McKenney, Co-Convener of the Women's Ministry, for helping single mothers to make a better life for themselves.

**BAGS, BAGS & MORE BAGS
HELPING THE HOMELESS**

SLEEPING MATS. Spearheaded by the Nurses Ministry, *Mt. Carmel as One Church*, is crocheting from plastic bags, sleeping mats for the homeless — they look and feel amazing. So donate those clean Walmart, Shoprite, Acme, CVS, etc. plastic bags and put them to good use. The collection bin is located on the lower level.

BLESSING BAGS for the homeless are being developed by the Young Adult Ministry. They are asking for donations — Socks, Chap stick, toothbrush, toothpaste, wipes, tissues, deodorant, gloves, travel size hygiene items, raisins, crackers etc. Collections taken after service outside fellowship hall. Chanel Randolph, President

**MT. CARMEL
CREATIVE ARTS**



On third Sundays, we are honored to have the Mime Troup; and on 4th Sundays, we have the Praise Dancers both worshiping through music and dance. Both ministries range from the youngest to the oldest. So, make sure you come to church those Sundays and get a spiritual uplift. Adara Watts, Director of Mount Carmel Praise Dance Ministry; Kimberly Kelley, President, Mt. Carmel Mime Troup.

On 1st and 3rd Sunday, we are blessed to meditate on the sounds of instruments from the Mount Carmel Youth Orchestra under the co-direction of Kimberly Smith and Marva James; the 5th Sunday, our Hand Chime Choir under the direction of Sheila Broyles-Hughes. .

On-Line Giving

It's easy, safe and secure. To get started go to the Mount Carmel Baptist Church website: mtcarmel-bc.org and click the "ONLINE GIVING link

Growing & Thriving....

The Young Adult Fellowship is a growing, thriving ministry throughout Mt. Carmel Baptist Church. Our mission is to holistically inspire, empower, and encourage young adults in fellowship and activities through spiritual, social and community engagement. In an effort to vary our mission, the Young Adult Fellowship has organized and sponsored two community engagement projects. They were: "Dress for Success Drive" and we have distributed Blessings Bags (toiletries) to the homeless. In the future, our goal is to continue to engage in other community outreach projects. We would like to thank everyone for their continuous love and support!

*God Bless You All
Chanel Randolph, President*

MEMORIAL GIFT PROGRAM

It's an ongoing project. You can purchase a plaque for a deceased loved one, relative or friend; it's never too late. The plaques are displayed in the Memorial corridor. The Capital Campaign Committee would like to sincerely thank those who contributed.

If you are interested, pick up a pamphlet outside the church office and or contact: Clarice Archer, Fannie Bakon or Mary V. Nesmith, they would be glad to help you.

NEW MEMBER CERTIFICATES

Certificates are given to new members who complete 10 weeks of Christian Education.

2016 Scholarships

•**Attention High School Seniors & College Students!** Applications will soon be available for financial assistance from the Mt. Carmel Baptist Church Committee on College Assistance. Keep Watch for the announcement in our church bulletin.

•**National 'Coalition of 100 Black Women, Inc. - Penna. Chapter NCI00BW-PA** - Awarding 3 scholarships for African American Women. Applications are located on the Church office counter.

•**Rho Chapter Alpha Phi Alpha Fraternity** - Oldest and most loyal investors in higher education. The program is geared toward African American Men, who will be graduating as a Senior from High School in 2016 or in their first 3 years of college. Requirements are minimum 3.0 GPA on your winter transcript. For application contact: David Poindexter email: depoin5@msn.com - **Deadline is Friday, April 1, 2016**

•**The Brothers of Kappa Alpha Psi Fraternity, Inc.** - are accepting applications for the Hiliary H. Holloway, Esq. Scholarship. Application deadline is April 9, 2016 www. files. Philly kappas.org/Forms/scholarshipapp2016.pdf

Senior Corner

Social Security

For information about Social Security programs, call toll free 1-800-772-1213; Monday to Friday from 7:00am to 4:00pm or go to the website at www.socialsecurity.gov to:

- Review your social security statement
- Find the address of your local office
- Change your address
- Request a replacement of Medicare card
- Ask for a letter to confirm your benefit amount
- Apply for a password so you can check you benefits or change your direct deposit.

Scam Alerts

- Scam artists go through trash for personal information and account numbers. Tear yours in pieces or use a cross-cutting shredder.
- Scam artists get rich on other people's Social Security, PIN or account numbers. Keep yours private.
- Scam artists hope you will hand over money without seeking a trusted person's opinion. Tell them No.
- Scam artists try to pressure you for money up front. Don't give in.
- Some scam artists pretend to represent a needy charity. Make sure it's real before you contribute.
- Scams often start with a phone offer that sounds too good to be true. It probably is.
- Scam artists like to rush you into deciding quickly. Take your time and be sure.
- One scam promises to help you get back money you've lost in another scam. Watch out.

Be Careful ~ Be on the Alert

Submitted by Gerri Ambush



Women's Ministry

Mount Carmel's Women's Ministry is open to all women of Mount Carmel. Mrs. Vivian Brew is the Convener. **Join us!**

**Free Yourself
From Negative People**

- Spend time with nice people who are smart, driven and likeminded.
- Relationships should help you, not hurt you.
- Surround yourself with people who reflect the person you want to be. Choose friends you are proud to know, people you admire, who love and respect you — people who make your day a little bit brighter simply by being in it. Life is too short to spend time with people who suck the happiness out of you. When you free yourself of negative people, you free yourself to be YOU — and being YOU is the only way to truly live.

MONEY, MONEY, HONEY



African Americans & Finances

The growing racial wealth gap occurring in the United States is crippling communities of color, especially African American families. This gap is a result of systemic and social barriers that keep people of color from achieving and enjoying economic success.

African Americans are portrayed in the negative when it comes to the ability to manage finances and this sabotages both our thinking and our confidence that we can achieve success. Never accept that you lack the resources necessary to begin the investing process. *An amount as small as \$5-10 a month can begin your financial portfolio.* Society attempts to throw obstacles at us in the labor market (covert oppression) leading to inadequate levels of savings and poor, or nonexistent, retirement benefits.

The wealth gap can be narrowed with knowledge of finances, debt reduction and general investing. The 1st step toward closing the wealth gap is accomplished by each person expressing the desire and *making a personal commitment to make changes in their spending habits.* Taking small steps now can lead to a much more stable and successful financial future.

Don't fall into the trap of believing that African American families lack access to the necessary savings and investments to climb up the economic ladder. *Even a person making minimum wage can save for the future.*

Pray about it and BELIEVE you can be a financial investor! Phil. 4:13

Stay tuned and learn more in the next issue.

Dr. Rhonda Hazell

President – BBTW Savings Group, University of PA

A Note from the Coordinator

Welcome to the Mt. Carmel Anchor (MCA) Newsletter. Thank you, Pastor Moore for appointing me to be the Newsletter Coordinator. And thank you, newsletter staff for coming forward offering your editorial gifts to the process of developing this newsletter. The commitment you have shown to produce this first quarterly newsletter has been exceptional. I could not have asked for a better staff.

To the congregation, it is our hope that this newsletter will serve as a vehicle of information that will assist you in knowing the goings on in your church and community. It is also our hope that you will share with your family and friends.

The newsletter will be produced quarterly, (March, June, September & December). It will be distributed the 4th/1st Sunday Quarterly, as well as electronically; more information will follow in the June's newsletter FYI.

WHAT'S HAPPENING IN OUR COMMUNITY

~ Save the Date ~
Book Signing

April 11, 2016 at 7:30pm

The main branch of the Philadelphia Free Library on the Parkway releases a new Novel, "Lazaretto" by *Diane McKinney-Whetstone, one of our own long-standing Mount Carmel members.* She is the author of five acclaimed novels including, "Tumbling, Tempest Rising, and Trading Dreams at Midnight, which is a multi-generational story of abandonment, blackmail, and familial love set in West Philadelphia.

In her new book, *Lazaretto*, Diane McKinney-Whetstone returns to Philadelphia with a historical novel set in a legendary 19th-century quarantine hospital.

Plan to join Diane at this exciting book reading and release party to show our support!

We're Stronger together.

WALK MS.

Team Glitz and Glamor

Register Today!

Walkms.org / 1-800-344-4867

For 2016 locations contact:

Yvonne Stewart - 267-971-4820

Support Multiple Sclerosis Awareness

Fish Sandwiches for Sale \$5.00

EVERY FRIDAY IN APRIL

4923 Hazel Avenue, Phila., PA 19143

AARP DRIVER SAFETY CLASSES

FOR AGES 50 & OVER

SAVE MONEY ON YOUR

AUTO INSURANCE!!!

Tuesday, April 5, 2016 - 10:00 a.m. to 3:00 p.m. For more information on classes and cost, contact: Margaret Diggs at 215-748-2660

WALK AGAINST HUNGER

Saturday, April 9, 2016

For online contributions go to www.hungerwalk.org; scroll down, click Mt. Carmel Baptist 5732 Race Street. You will receive a tax free #. Deadline for ALL Donations is Saturday, May 28, 2016.

The event is as follows: 8:30 a.m. walk check in from the Art museum and opening festivities; free breakfast and a walk warm up; 9:00 a.m. begins the walk and from 10:00 -11:00 a.m. finish line celebration. There will be free snacks, live entertainment and special guests. Bring the kids for games and face painting. For Info call: 215 430 0555

• South Philadelphia First African Baptist Church has been sold.

A religious staple in the Black Community for more than 110 years, the First African Baptist Church has been sold, according to its Pastor, the Rev. Terrence Griffith. The Church is buying a new property in West Philadelphia.

• School District of Philadelphia closed 2015 with \$88M on hand

City public schools ended this past year in the black by \$88million, the first time in recent memory the district wasn't operating in a deficit, according to an official. The higher cigarette tax added an extra 50 million to the District's coffers.

• Mayor Jim Kenney is pushing a \$300M bond initiative for city parks and recreation centers

The Mayor is expected to soon announce plans for the city to sell hundreds of millions in bonds as part of a reinvestment in improving and maintaining local parks, libraries and recreation centers.

According to Kenney's spokesman, he believes that a strong neighborhood infrastructure is directly connected to community well-being. This initiative also fulfills Mayor Kenney's promise to bring greater resources to city residents, especially children.

• The Pennsylvania Academy of the Fine Arts presents through April 3, 2016 Procession: The Art of Norman Lewis

PAFA is featuring the first ever comprehensive museum overview of the art of Norman Lewis, a pivotal figure in American art, a participant in the Harlem art community, an innovative contributor to abstract expressionism and a politically conscious activist.

See this wonderful display at 118-128 N. Broad Street in Philadelphia. Enjoy FREE museum admission on Sundays — go to: pafa.org/norman Lewis for more info

• To stop telemarketers from reaching you, sign up with the NATIONAL DO NOT CALL REGISTRY at 1-888-382-1222

.VOTE .VOTE .VOTE.

April 26, 2016

for City officials and presidential candidates

BLACK HERITAGE MOMENTS . . .

Did You Know?

- Brooklyn New York's **Anaya Lee Willabus** is the youngest published author in U.S. history to write a book with chapters. Her work, titled *The Day Mohan Found His Confidence*, is about a boy's struggle to balance his life at home and at school – something we can all relate to. Anaya started reading at the age of two; her favorite books include **Malala Yousafzai's** *I Am Malala: The Girl Who Stood Up for Education and Was Shot by the Taliban*, and **President Obama's** *Dreams from My Father: A Story of Race and Inheritance*. We may have just found the next great American author.

- Alabama native Ann Cole Lowe is the Black Fashion Designer who created Jacqueline Kennedy's wedding dress in 1953, for her marriage to John F. Kennedy. Just 10 days before the wedding ceremony a water line broke in Lowe's New York City studio and ruined the former First Lady's gown along with all 10 pink bridesmaids dresses. Lowe worked tirelessly to recreate all 11 designs in time for the Rhode Island nuptials. Sadly, Lowe did not get the credit she deserved for designing and creating Jackie's dress. Lowe was only mentioned by name in the Washington Post where fashion editor Nine Hyde simply wrote "... the dress was designed by a Negro, Ann Lowe."

Lowe also designed for New York society families like the Rockefellers and the Vanderbilts. The talented fashion designer also created the gown that actress Olivia de Havilland wore when she accepted the Oscar for Best Actress in 1946.

In the 1960's, Lowe opened Ann Lowe Originals inside the Saks Fifth Ave department store on Madison Avenue in New York. Her amazing work still lives on in the permanent archives at The Metropolitan Museum of Art, the Black Fashion Museum and The Smithsonian. Lowe passed away in 1981 at the age of 83.

Submitted by Robin Rhone

African American Contributors to Medicine

African Americans have been responsible for huge strides in medicine.

- Vivian Theodore Thomas (1910-1985) rose above poverty, racism and with only a high school diploma, to achieve world wide recognition as a cardiac surgical pioneer. As a professor, he taught cardiac surgery techniques to many prominent surgeons at John Hopkins Medical Center.
- James Derham was the first recognized black physician in the United States. He was born in 1762 as a slave in Philadelphia, Pennsylvania. He had success in the treatment of then dreaded disease of diphtheria.
- Mary Elize Mahoney (1845-1926) was America's first black professional nurse.

Submitted by, Gwen Travis

The Legacy of President BARACK H. OBAMA

On Tuesday, January 20, 2009, Barack Obama exhibited confidence walking through the U.S. Capitol before taking the oath of office as our 44th president. He would need every bit of it.

Let's skip entrees and serve the main course. The bailout of GM and Chrysler essentially saved the auto industry. The Affordable Health Care Act enabled 8 million more Americans health care in 2013 than 2014. Education reforms include early investment to college initiatives, with a path to success; abolition of wage differences between genders; U.S. troop withdrawal from Iraq; eradication of Osama Bin Laden; caught and passed Saudi Arabia as the world's largest oil producer; clean energy policies making America more energy independent while reducing carbon emissions; restoration of relations with Cuba, notably he is the first president to visit Cuba since 1928; climate change policies and many other bills benefiting the well being of millions. God bless us

TRULY ONE OF THE UNITED STATES GREATEST PRESIDENTS.

By John L. Davis

Little Known Black History Facts

Here are a few little known Black History facts, mostly published in the Westside Gazette:

- In 1926, black historian Carter G. Woodson established Negro History Week which was celebrated in the second week of February. This week was chosen because of the birthdays of Abraham Lincoln and Frederick Douglas. Black United Students at Kent State University proposed the expansion to Black History Month which was first celebrated at the university in 1970.
- In 1938, first lady Eleanor Roosevelt challenged the segregation rules at the Southern Conference on Human Welfare in Birmingham, Alabama so she could sit next to African-American educator and activist, Mary McLeod Bethune. She would come to refer to Bethune as her closest friend.
- In her early life, Coretta Scott King was as well known for her singing and violin playing as she was for her civil rights activism. The young soprano won a fellowship to the New England Conservatory of Music in Boston, Massachusetts, the city where she met future husband Martin Luther King, Jr.
- President Barack Obama won two Grammy Awards for Best Spoken Word Album before he was elected into office. The first was in 2005 for an audio recording of his 1995 memoir *Dreams from My Father*. The second was in 2008 for his second memoir *The Audacity of Hope: thoughts of Reclaiming the American Dream*

Submitted by Valerie Merritt

THE FOCUS "WORD"

Theme Scripture: II Timothy 3:16

All Scripture is Profitable

All scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right.

DEVOTIONAL READING

Deuteronomy 28:1-13 (KJV)

Blessings on Obedience

Romans 8:35-39 (KJV)

From Suffering to Glory

~ ~ ~

"If God Took His Hand Away"

By Cherry Blossom

Life does not issue absolutes
 Nor offer any guarantee
 So as you challenge and question God
 In anger and dismay
 Ask yourself, "Where would I be
 If God took his hand away?"

Yes, you've suffered and been hurt
 But in spite of all, I still assert
 That God has never
 forsaken you're not the only one
 Who's every cried, "I'm going through!"
 But, I remember how Job

Still did humbly pray
 Even when his own wife told him
 to curse God and betray His faith
 But No, he never went astray
 Asking himself, "Where would I be
 If God took His Hand away?"

Oh, yes, it's easy to praise Him
 When we've been blessed
 But, when troubles rise
 Should we then, not be impressed
 Thinking he failed some test
 Because he hasn't, yet.....let us rest

So, then, should HIS glory be assessed
 Because, some days are long and grey?
 Well, what would you then, say
 If God took His Hand away?

Submitted by Linda Adams

The Most Important List

- The most destructive habit **Worry**
 - The greatest joy..... **Giving**
 - The greatest loss..... **Self respect**
 - The most satisfying work..... **Helping others**
 - The most endangered species.. **Dedicated leaders**
 - Our greatest natural resource **Our youth**
 - The greatest "shot in the arm".... **Encouragement**
 - The most effective sleeping pill **Peace of mind**
- (part 1 — To be continued next MCA)*



JANUARY

Brittany Lovell
Darlene Williams
Devante Bivins
Diamond Wilson
Freeman Sharazian
Sherrill Ganges
Shevonne White
Simone Morris
Yvonne Crawford

FEBRUARY

Beatrice Sessoms
Brittnee T. Johnson
Charles Mack
Dayonna Dixon
Manny Brown
Pamela Lockman
Rakita R. Blackwell

MARCH

Arcenia McClendon
Caleb Johnson
Cynthia Frierson
Fay Daniel
Lily Holloway
Linda Henderson

Lisa Lewis
Michele Johnson
Nia Gordon
Rashenna Phinisee
Silva Harper

If you became a member during these months and we missed your name, please let us know; we will recognize you in the next MCA Newsletter.

UM UM GOOD - RECIPE

Porcupine Meatballs

Ingredients

- 1pound ground beef
- ½....cup raw white rice
- ½....medium onion, chopped
- 2.....cloves garlic, finely chopped
- ½....teaspoon ground cumin
- ¼....teaspoon dried sage
- ¼....teaspoon thyme, rubbed between your palms
- ½....cup carrot, finely grated
- ½....cup celery, finely chopped
- 2.....8-ounce cans tomato sauce
- 1cup water or broth (beef or vegetable)
- ½....cup parsley, chopped



Instructions

Combine beef, rice, onion, garlic and spices in large mixing bowl. Mix ingredients together thoroughly with your hands. Form meat into 10 to 12 small balls. Pour 1 tablespoon olive or other oil into large frying pan on medium heat. Place meatballs in pan and fry until lightly browned. Drain off any excess fat. Add celery and carrot and sauté with meatballs for 3 to 5 minutes until vegetables soften. Pour in tomato sauce and water or broth. Bring to a boil. Lower heat and simmer, covered, 45 to 50 minutes. Sprinkle with parsley and serve with bread and salad. Serves 3 to 4

*Submitted by
Mavis Robinson*

MARSHMALLOWS PLACED INSIDE THE CONTAINER OF BROWN SUGAR, KEEPS IT FROM HARDENING

EVENTS AT A GLANCE

APRIL 2016

- Fri. 8th **Oldies Social**
7:00pm to 11:00pm
- Sat. 9th **Spring Clean Up** - 9:00am - 3:00pm
(include Shredding truck)
"Walk Against Hunger at Art Museum"
- Sun. 10th Male Chorus *presents*
Afternoon of Singing & Praise - 4:00pm
- Fri. 15th Youth Commission & Council
Friday Night Café - 7:00pm - 9:00pm
Women's Ushers
Line Dancing - 7:00pm - 9:00pm
- Sat. 16th Hospitality Guild 's
Annual Luncheon & Fashion Show
City Line Hilton - 12:00pm - 4:00pm
- Tues. 19th Missionary Society
Feeding the Homeless,
Baptist Women's Center
- Sat. 23rd Young Adult Fellowship
Feed the Homeless
- Sun. 24th **Laity Day Concert** - 4:00pm
Hampton University Choir
Vesper Service / WPBCC - 5:00p.m.
Second Antioch Baptist Church
- Fri. 29th 'Just Us' Senior Ministry
Lunch and a Movie - 12:00 noon
- Sat. 30th Health Ministry
High Hat Tea & Ties -
9:00a.m. - 12:00p.m.

MAY 2016

- Sun. 1st **72nd Anniversary Concert**
4:00 p.m.
- Fri. 6th Mt. Carmel Players
"The Waiting Room" - 8:00pm
- Sat. 7th **HIV/AIDS Workshop**
9:00a.m. to 1:00p.m.
Mt. Carmel Players
"The Waiting Room" - 1:00 & 4:00p.m.
- Fri. 13th Youth Commission & Council
Friday Night Café - 7:00pm - 9:00pm
Women's Ushers
Line Dancing - 7:00pm - 9:00pm
- Fri. 13th to
Sat. 15th **Women's Retreat**
Double Tree Hilton, Lancaster, PA
- Fri. 20th Youth Commission & Council
Friday Night Café - 7:00pm - 9:00pm
Women's Ushers
Line Dancing - 7:00pm - 9:00pm
- Sat. 21st Men of Mt. Carmel
Laymen Workshop - 8:00 a.m.
Deaconess Workshop - 9:00 a.m.
- Sun. 22nd Children's Worship
Outdoor Evangelizing
Flower Ministry
Concert - 4p.m.
- Mon. 30th **Memorial Day** - Church Closed

JUNE 2016

- Sat. 4th D.W. Hoggard Scholarship Ministry
Flapjack Fundraiser - 8:00 - 10:00am
Applebee's (Havertown PA)
Health Ministry
CPR Classes - 9:00am - 11:00am
Young People & Jr. Ushers
End of Year Program - 1:00pm
- Sun. 5th **Sanctuary Annual Concert**
4:00pm
- Mon. 6th to
Fri. 10th Commission on Youth Ministry
Youth Week - 7:00 - 9:00p.m.
- Tues. 7th **JOINT BOARD MEETING**
7:00pm
- Fri. 10th Youth Commission & Council
Hour of Code - 7:00pm - 8:30pm
Women's Ushers
Line Dancing - 7:00pm - 9:00pm
- Sat. 11th Men of Mt. Carmel
Father & Daughter Breakfast - 8:00am
Nurse's Unit
CPR Class - 9:00am - 11:00am
Teen Shop
Crystal Stair Ceremony - 12:00 Noon
Mime Troupe
End of Year Program - 4:00p.m.
- Sun. 12th Children's Day
Graduation Celebration Sunday
- Tues. 14th **Church Meeting** - 7:00pm
- Fri. 18th Junior & Young People Choir
Concert - 6:30 p.m.
- Sat. 18th Church School
60th Annual Track & Field Day
Youth Commission & Council
Fashion Show - 12:00pm to 4:00pm
- Mon. 20th **Annual Congress of Christian Education**
Fri. 24th Nat'l Baptist Convention, Tampa, FL
- Tues. 21st Presidents' Council Meeting
7:00pm

Submit your event info to the . . .

NEWSLETTER STAFF

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Gerri Ambush	Robin Rhone
John Davis	Kimla Robinson
Dr. Rhonda Hazell	Mavis Robinson
Deaconess Gloria Lighty	Gwen Travis

(Minister William Henry - honorary)

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